Silver Spring Dance Class Levels, Requirements & Prerequisites

The class levels and ages listed below are general guidelines for placement and may vary from student to student. It is important to recognize that each student's relationship with dance is unique, and that instructors may choose to advance students at different paces based on their progress. Placement will be determined by a variety of considerations including previous experience, focus, maturity, motor development, strength, stamina, flexibility, technique, and adherence to prerequisites and class recommendations.

Creative Dance (Age 3-4: Pre-School and Pre-K)

Pre Ballet (Age 4-5, Pre-K, Kindergarten)

Pre-Level (Age 5-7: Kindergarten and 1st Grade)
- Pre Level Combo Classes (Ballet/Tap & Ballet/Jazz)

Level 1 (Age 7-9: 2nd and 3rd Grade OR first-year dancer under 10)
- Ballet 1
- Level 1 Combo Classes (Ballet/Modern & Tap/Jazz)

Level 2 (Age 9-10 OR second/third-year dancer)
- Ballet, Modern, Jazz, Tap

Level 3 (Age 11-12 OR third/fourth-year dancer)
- Ballet, Modern, Jazz, Tap
- Non-Performance Class Options: Open Non-performance Ballet 3//4

Level 4 (Age 12-13 OR fifth/sixth-year dancer)
- Ballet, Modern (Graham, Limon, or Horton) Jazz, Tap, Contemporary 1 (ballet required)
- Non-Performance Class options: Ballet Conditioning, Open Non-Performance Ballet 3/4

Level 5 (Age 14-15 OR seventh/eighth-year dancer)
- Ballet, Modern (Graham, Limon, Horton, or Taylor,) Jazz, Tap, Contemporary 1 or Contemporary 2 (Ballet required, based on instructor placement,) Pointe 1 or Pointe 2 (Ballet required, Pointe Technique required, based on instructor permission & placement)

- Non Performance Class Options: Ballet Conditioning, Open Non-Performance Ballet 5/6, Beginning Pointe (Conditioning required, Ballet required, by instructor permission only,) Pointe Technique (required for Pointe 1 & 2)

- Dancers taking Pointe must take summer Ballet/Pointe

Level 6 (Age 16+ OR ninth/tenth year dancer)
- Ballet, Pointe 2 and Pointe 3 (Pointe 2 required to take Pointe 3, Ballet required, Pointe Technique required, based on instructor permission & placement) Modern (Graham, Limon, Horton, or Taylor,) Jazz, Tap, Contemporary 2 (Ballet required)

- Non Performance Class Options: Ballet Conditioning, Open Non-Performance Ballet 5/6, Pointe Technique (required for Pointe 2 & 3)

- All Level 6 dancers must participate in summer dance.

- Ballet is a prerequisite for participation in ALL Level 6 classes