

Silver Spring Dance 2024 Winter/Spring Semester Dance Sessions

<u>Partnering Workshop</u>

Take your dancing to the next level with our classical and contemporary partnering workshops. From building trust and developing clear communication to learning the proper techniques for weight sharing and lifts, these classes will help students feel more comfortable and confident working with their fellow dancers. (Level 5-6, Intermediate and Advanced Dancers only)

Saturday January 27th

11:00am-1:00pm Classical
Partnering with Katie Reiter
(Pointe shoes optional)
Saturday February 3rd

11:00am-1:00pm Contemporary Partnering with Kylie Herb

Tuition: \$65

Creative Dance

Introductory level dance class for 3-4 year olds designed to develop coordination, rhythm, listening skills, and confidence in movement

Saturdays from 10:00-10:30am with Mia Vera (Jan 27-March 2, 6 weeks) Tuition: \$80

Pre Level Combo Class

Introductory level dance class for 5-6 year old dancers including 2 weeks of ballet, 2 weeks of tap, and 2 weeks of jazz Saturdays from 10:30-11:00am with Mia Vera (Jan 27-March 2, 6 weeks) Tuition: \$80

Dance With Me!

Movement class for a parent/guardian and child (age 1-3) to move and groove together utilizing structured improvisation, movement games, and make-believe

Saturdays from 10:00-10:45am with Shalynne Wnuk (March 9-April 20, 6 weeks, no class March 30)

Tuition: \$100

Adult Modern & Contemporary

3 weeks of Limón technique emphasizing fall & recovery, breath, and the interplay of weight and weightlessness; 3 weeks of Contemporary dance, blending elements of ballet, jazz, and modern dance into its own unique and expressive style.

Wednesdays from 7:30-8:30pm with Cynthia Nehr & Mia Vera (Jan 17- Feb 21, 6 weeks)

Tuition: \$115

<u>Adult Ballet</u>

Ring in Spring with our 6 week Adult Ballet session! This beginning/ intermediate level ballet class is designed for the adult dancer who has some experience but maybe hasn't taken class in a while and wants to reconnect to ballet in a way that feels restorative and accessible.

.Wednesdays from 7:30-8:30pm with Cynthia Nehr (March 13-April 24, 6 weeks, no class April 3) Tuition: \$115