



Silver Spring Dance Class Levels, Requirements & Prerequisites

The class levels and ages listed below are general guidelines for placement and may vary from student to student. It is important to recognize that each student's relationship with dance is unique, and that instructors may choose to advance students at different paces based on their progress. Placement will be determined by a variety of considerations including previous experience, focus, maturity, motor development, strength, stamina, flexibility, technique, attendance, and adherence to prerequisites and class recommendations.

[Creative Dance \(Age 3-4: Pre-School and Pre-K\)](#)

[Pre Ballet \(Age 4-5, Pre-K, Kindergarten\)](#)

[Pre-Level Combo \(Age 5-7: Kindergarten and 1st Grade\)](#)

- Pre Level Combo Classes (Ballet/Tap & Ballet/Jazz)

[Level 1 \(Age 7-9: 2nd/3rd/4th Grade\)](#)

- Ballet, Modern, Jazz, Tap

[Level 2 \(Age 9-11 OR second-fourth year dancer\)](#)

- Ballet, Modern, Jazz, Tap

[Level 3 \(Age 11-12 OR third/fourth year dancer\)](#)

- Ballet, Modern, Jazz, Tap
- Non-Performance Class Options: Open Non-performance Ballet

[Level 4 \(Age 12-14 OR fifth/sixth year dancer\)](#)

- Ballet, Modern, Jazz, Tap, Contemporary 1 (ballet required)
- Non-Performance Class options: Conditioning, Open Non-Performance Ballet



Level 5 (Age 14-16 OR seventh/eighth year dancer)

- Ballet, Modern, Jazz, Tap, Contemporary 1 or Contemporary 2 (Ballet required, based on instructor placement) Pointe (Ballet required, Pointe Technique required, based on instructor permission & placement)
- Non Performance Class Options: Ballet Conditioning, Open Non-Performance Ballet, Beginning Pointe (Conditioning required, Ballet required, by instructor permission only) Pointe Technique (required for Pointe 1 & 2)
- Dancers taking Pointe must take summer Ballet & Pointe Classes

Level 6 (Age 16+ OR ninth/tenth year dancer)

- Ballet, Pointe (Ballet required, Pointe Technique required, based on instructor permission & placement,) Modern, Jazz, Tap, Contemporary 2 (Ballet required)
- Non Performance Class Options: Ballet Conditioning, Open Non-Performance Ballet, Pointe Technique (required for Pointe 2 & 3)
- All Level 6 dancers must attend summer dance classes.
- Ballet is a prerequisite for participation in ALL Level 6 classes