

Silver Spring Dance Class Levels, Requirements & Prerequisites

The class levels and ages listed below are general guidelines for placement and may vary from student to student. It is important to recognize that each student's relationship with dance is unique, and that instructors may choose to advance students at different paces based on their progress. Placement will be determined by a variety of considerations including previous experience, focus, maturity, motor development, strength, stamina, flexibility, technique, and adherence to prerequisites and class recommendations.

Creative Dance (Age 3-4: Pre-School and Pre-K)

Pre-Level (Age 5-6: Kindergarten and 1st Grade)

- Ballet, Tap, Jazz, Combo Classes

Level 1 (Age 7-8: 2nd and 3rd Grade OR first-year dancer under 10)

- Ballet, Modern, Tap, Jazz, Combo Classes

Level 2 (Age 9-10 OR second/third-year dancer)

- Ballet, Modern, Jazz, Tap

Level 3 (Age 11-12 OR third/fourth-year dancer)

- Ballet, Modern, Jazz, Tap

Level 4 (Age 12-13 OR fifth/sixth-year dancer)

- Ballet, Modern (Graham, Limon, Horton, or Taylor,) Jazz, Tap
- Additional class recommendations: Ballet Conditioning

Level 5 (Age 14-15 OR seventh/eighth-year dancer)

- Ballet, Beginning Pointe*, Modern (Graham, Limon, Horton, or Taylor,) Jazz, Tap, Contemporary*
- Additional class recommendations: Ballet Conditioning

- Dancers starting pointe in the fall must continue to take ballet the summer before
- *Beginning Pointe is by instructor permission only (non-performance)
- *Contemporary prerequisites are level 5 or 6 ballet AND level 5 or 6 modern or jazz.

Level 6 (Age 16+ OR ninth/tenth year dancer)

- Ballet, Pointe*, Modern* (Graham, Limon, Horton, or Taylor,) Jazz*, Tap, Contemporary*
- Additional class recommendations: Ballet Conditioning
- Performance Company by invitation only
- *Level 6 Modern and Jazz students are required to take ballet
- *Contemporary prerequisites are level 5 or 6 ballet AND level 5 or 6 modern or jazz.
- *Pointe is by instructor permission only
- All Level 6 dancers must participate in summer dance and must start their full-year dance season by no later than 10/1.